



Evaluation of Drugs with Selective Inhibitors Targeting the Anti-Apoptotic Protein B-cell Lymphoma 2 (BCL-2) with Pro-Apoptotic and Antineoplastic Activities in Grade IV Glioblastoma

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ABSTRACT

AIM: To systemically review the efficacy, safety, and clinical applications of B-cell lymphoma 2 (BCL-2) family inhibitors such as venetoclax (ABT-199), navitoclax (ABT-263), and obatoclax (GX15-070) across different malignancies.

MATERIAL and METHODS: A systematic search was conducted in the PubMed database following PRISMA guidelines. Studies evaluating the pharmacological effects, preclinical findings, and clinical trial data of venetoclax, navitoclax, and obatoclax were included in the analysis. Key outcomes, including efficacy, resistance mechanisms, and adverse effects, were synthesized from the analysis.

RESULTS: Venetoclax demonstrated significant efficacy and a favorable safety profile in hematologic malignancies, particularly chronic lymphocytic leukemia and acute myeloid leukemia; however, no positive safety profile was observed in glioblastoma grade IV (GBM). Navitoclax combination treatments showed potential in various malignancies but were used in a limited manner due to dose-related thrombocytopenia. However, no clear data were available regarding its efficacy against GBM. Obatoclax demonstrated efficacy in preclinical studies; however, off-target effects and limited clinical success hindered its development. No clear data were available regarding its effectiveness against GBM. Resistance mechanisms, including upregulation of MCL-1 and BCL-xL, were commonly observed among these agents, highlighting the need for combination strategies.

CONCLUSION: Venetoclax, navitoclax, and obatoclax represented significant advances in apoptosis-targeted therapy, with venetoclax emerging as the most clinically successful agent. However, resistance mechanisms and side effects were significant challenges, necessitating further preclinical and clinical studies to optimize the therapeutic potential of these agents.

KEYWORDS: Drug resistance, Glioblastoma, Navitoclax, Obatoclax, Pelcitoclax, Venetoclax

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■ INTRODUCTION

Despite treatment with surgery, radiation, and oncologic drugs such as temozolomide, Grade IV glioblastoma (GBM), the most common malignant tumor of the central nervous system, leads to poor overall survival outcomes due to factors such as the blood-brain barrier and/or the blood-tumor barrier, glioma stem-like cells, and genetic heterogeneity (39). A key factor contributing to drug treatment failure in GBM is the presence of mechanisms underlying treatment resistance and the insufficiency of strategies to overcome it (8).

Therefore, scientists continue to investigate treatments for GBM, as they do for many hematologic and oncologic malignancies. A prominent focus of these studies is the evaluation of pharmacological agents that induce cancer cell death by modulating interactions between key intracellular proteins. In this context, B-cell lymphoma 2 (BCL-2) family protein members have been extensively studied and remain a focus of ongoing research.

Historically, BCL-2 family proteins have been identified as regulators of programmed cell death. Some members, such as BCL-2 and BCL-extra large (BCL-XL), inhibit apoptosis, while others, such as BCL-2-associated X protein (Bax) and BCL-2 antagonist/killer (Bak), promote cell death (6,31). Bax and its homolog, Bak, are essential regulators of the mitochondrial apoptosis pathway (4).

In high-grade brain tumors such as GBM, overexpression of BCL-2 may contribute to tumor cells' escape from apoptosis and the development of treatment resistance (40).

The first proposed mechanism by which BCL-2 exhibits pro-apoptotic and antineoplastic activity in GBM involves its inhibition of apoptosis; BCL-2 localizes to the mitochondrial membrane, where it blocks pro-apoptotic signals (36). Additionally, high BCL-2 expression in GBM cells may allow them to evade apoptosis and proliferate uncontrollably (10). The second mechanism involves the development of treatment resistance. Overexpression of BCL-2 may contribute to GBM treatment resistance, particularly to chemotherapy and radiotherapy. This resistance facilitates the survival of tumor cells during treatment and reduces treatment effectiveness (12,41).

Many BCL-2 protein family inhibitors have been developed in recent years, including venetoclax (ABT-199) (13), navitoclax (ABT-263) (24), obatoclax (GX15-070) (42), pelcitoclax (APG-1252) (23), and oblimersen sodium (G3139) (14), among others. These inhibitors are primarily used in leukemia, lymphomas, and other hematologic malignancies. Venetoclax promotes apoptosis by selectively inhibiting BCL-2, thereby facilitating programmed cell death. Navitoclax is a small-molecule inhibitor that targets anti-apoptotic proteins of the BCL-2 family, including BCL-2, BCL-xL, and BCL-w. Obatoclax, in contrast, inhibits BCL-2, BCL-xL, and myeloid cell leukemia sequence 1 (MCL-1). These inhibitors function by targeting BCL-2 proteins, which are key regulators of apoptosis and are frequently overexpressed in cancer cells, leading to apoptotic resistance. Consequently, researchers have investigated the potential pro-apoptotic and antineoplastic effects of selective BCL-2 inhibitors in GBM.

A review of the literature revealed a lack of high-quality studies evaluating these inhibitors in combination. This study aims to evaluate the effects of selective BCL-2 inhibitors on GBM.

■ MATERIAL and METHODS

Search Strategy

This review adhered to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines (33). Searches were performed in PubMed, one of the electronic databases. Studies published up to January 26, 2025, were evaluated. Sequential searches were performed using the keywords “venetoclax (ABT-199)”, “navitoclax (ABT-263)”, “obatoclax (GX15-070)”, “pelcitoclax (APG-1252)”, “oblimersen sodium (G3139)” and “GBM” in the form of and/or.

Inclusion and Exclusion Criteria

Studies included in this systematic review met the following inclusion criteria:

- Articles written in the English language.
- This review aimed to include published clinical trials conducted in humans. However, if an insufficient number of clinical studies with high levels of evidence were available, data from preclinical studies, including *in-vivo* studies on mammalian subjects and *in-vitro* studies on cell cultures, were also considered.

Data Extraction and Synthesis

Three authors (MuB, TT, and SO) independently screened the articles to assess study eligibility. Inconsistencies were resolved through discussion. If consensus could not be reached, another author (MeB, IY) served as an arbitrator. The following data were extracted from the included studies: first author's name, year of publication, study design, drugs studied and their respective doses, and outcomes reported (Figure 1).

Statistical Analysis

“The results of the data analysis, conducted using Microsoft Excel (Version 10.0), are reported in appropriate units.

■ RESULTS

Initially, when only the words “glioblastoma”, “GBM”, or “glioblastoma multiforme” were used separately, 61.327, 25.390 and 59.140 studies were found, respectively.

A total of 3,769 studies were found for “Venetoclax”; 732 when using “Navitoclax”; 283 when using “Obatoclax.”; There are five studies when “Pelcitoclax” is used and 246 when “Oblimersen sodium” is used. When the keywords “Glioblastoma AND/OR Venetoclax” were used, eight studies were found. Although 26 studies were found after consecutive screening using “Glioblastoma AND/OR Navitoclax”, seven studies were found when screening was performed with “Glioblastoma AND/OR Obatoclax”. However, no studies were found when screening with “Glioblastoma” AND/OR Pelcitoclax (APG-1252) or “Glioblastoma AND/OR “Oblimersen sodium”.

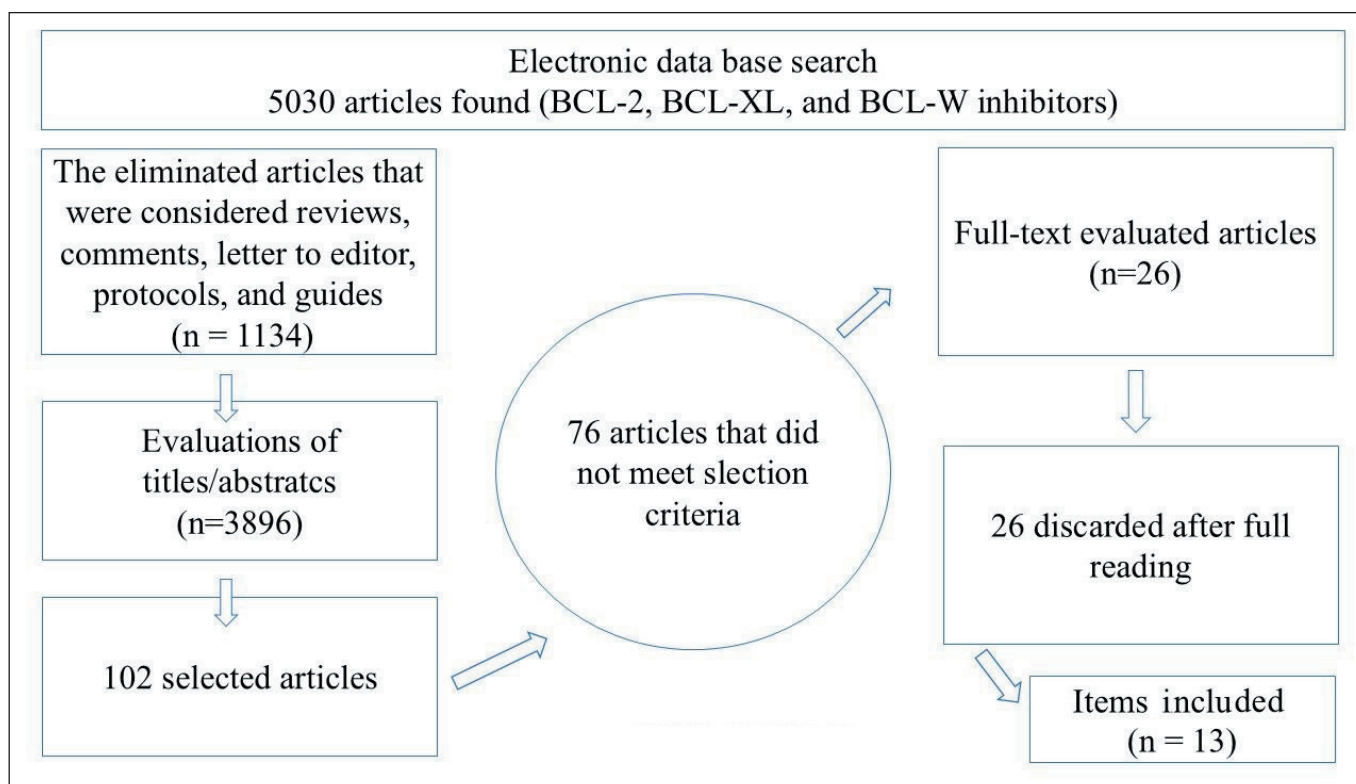


Figure 1: The process of article selection and the reasons for exclusion are shown in the PRISMA flowchart.

In addition to BS153 cells, GBM sphere cultures, and other GBM-derived cells (16), experiments were conducted using varying drug doses on cells obtained from different sources. (Table I).

DISCUSSION

Despite current treatment strategies, including pharmacological and surgical interventions, GBM remains the most aggressive and fatal type of brain tumor. Previous studies have reported that in GBM, overexpression of EGFR and its activated variant, EGFRvIII, resulted in increasing invasiveness and treatment resistance (27). Houweling et al. reported that screening for synergistic multitarget therapies in GBM predicted novel treatment strategies (16). BCL-2 plays a key role in inhibiting apoptosis, and its inhibition by venetoclax effectively kills senescent GBM cells (38).

Additionally, in mice with BCL-2 gene-silenced GBM tumors, taxol treatment significantly inhibited tumor growth and angiogenesis (12). More importantly, anti-apoptotic BCL-2 family members are now considered druggable targets, with specific BCL-2 antagonists such as venetoclax.

Lincoln et al. examined the sensitivity of GBM cell lines to a combination of the death ligand TRAIL and an IAP antagonist due to the lack of effective treatments for GBM. Their findings emphasized that a high caspase-8/Bid signature was associated with synergistic TRAIL- and IAP antagonist-induced apoptosis in GBM cells. Additionally, they highlighted

BCL-2 antagonism as a highly effective approach to sensitizing TRAIL-resistant GBM cells to TRAIL and IAP antagonists (26).

Yu et al. reported that the prosurvival BCL-2 family proteins BCL-2 and BCL-xL are targets of both ABT-737 and navitoclax, whereas venetoclax is highly specific to BCL-2 (43). A study reported that eliminating radiation-induced senescence in the brain tumor microenvironment could reduce GBM recurrence. The study highlighted navitoclax, a senolytic drug that selectively kills senescent astrocytes *in-vivo*, as a potential treatment (11).

BH3 proteins contain BH3 motifs that bind and regulate BCL-2 homologs, playing a crucial role in cellular responses to stress-induced stimuli and apoptosis (9). Koessinger et al. reported that increased apoptotic sensitivity in GBM enables therapeutic targeting with BH3-mimetics. Venetoclax, a BH3-mimetic targeting BCL-2, has demonstrated significant efficacy in hematologic malignancies (22).

Similarly, one study reported that “BH3 mimetic drugs cooperate with temozolomide, JQ1 and inducers of ferroptosis in killing GBM cells” (30).

A study on neurosphere GBM cultures and xenografts suggested that combined inhibition of BCL-xL and disruption of the tricarboxylic acid cycle could serve as a treatment strategy for GBM using the clinically validated drug CPI-613. The study found that BCL-xL inhibition prevented OGDH loss-of-function in patients. Additionally, it genetically and clinically confirmed that OGDH is synthetically lethal with its BH3 mimetic, navitoclax (32).

Table I: Application Dose and Site of Application of Bcl-2 Protein Family Inhibitors Identified in the Literature Review

Origin of the Cell Used or Living Mammalian Subject Species	Drug Administration/Dose	Efficiency	Reference No.
U87MG, U251 cells	Venetoclax / 10 μ M	Venetoclax is effective when used in combination with Temozolomide, Methotrexate, and Cytarabine.	44
Patient-derived GBM stem-like cells	Venetoclax / 1 μ M	BCL-xL and MCL-1 prosurvival function is important for GBM survival and can be therapeutically exploited by BH3 mimetics.	22
U87MG, U251, SNB-19, SNB-75, SF268, SF295, and SF539 cells	Venetoclax / 1 μ M	Dual targeting of distinct programmed cell death signaling pathways in GBM may enhance the utility of BCL-xL inhibitors and ferroptosis inducers, in combination with standard-of-care treatment, for improved GBM therapies.	30
U87MG, LN-229 (RRID: CVCL_0393), A172 (RRID: CVCL_0131)	Venetoclax / 50 μ M	BV6 and venetoclax act as senolytic agents in glioblastoma cells following temozolomide exposure.	38
A172, U251, U343, U373, MZ18, and MZ304	Venetoclax / 0.1 μ M, 5 μ M, and 10 μ M	Antagonizing Bcl-2 by venetoclax allowed TRAIL/Birinapant response synergies to manifest in otherwise TRAIL-resistant cell lines.	26
Human GBM xenografts obtained from patients	Venetoclax / 10 μ M	<i>In-vitro</i> cytotoxicity assays demonstrated that ABT-737, Navitoclax, and Venetoclax—specifically ABT-737—sensitized different tumors to immunotoxin treatment.	43
U373, Patient-derived glioblastoma stem-like cell cultures	Obatoclax / 225nM	Obatoclax overcomes resistance to histone deacetylase inhibitors as radiosensitizers in patient-derived GBM stem-like cells.	2
U87MG, HEK293, HEK293T, NIH/3T3, LM8, HCT116, SW480, SW620, and EL4 cell lines	Obatoclax / 1 μ M	Cucurbitacin B, gossypol, and obatoclax exhibit broad cellular specificity across different cell lines by regulating extracellular vesicles.	28
U251, LN229, U87MG, A375, or A375R cells were implanted subcutaneously into mice	Navitoclax / 25–50 mg/kg Obatoclax / 5 mg/kg Venetoclax / 1 μ M	Combining Navitoclax and Obatoclax or Venetoclax with gamitrinib-TPP suppressed cellular proliferation synergistically through massive activation of intrinsic apoptosis.	21
Syngeneic mouse glioma model that constituted immunocompetent C57BL/6J mice implanted with luciferase-tagged GL261 mouse glioma cells (immunocompetent mice)	Navitoclax / 50 mg/kg	Navitoclax treatment selectively eliminated senescent astrocytes <i>in vivo</i> , significantly attenuating glioma cell growth in preirradiated brains.	11
U87, U343, and U251 cells	Navitoclax / 1 μ M	Acridavine has MCL-1 inhibitory function and synergistic antitumor effects with Navitoclax..	29

Table I: Cont.

Origin of the Cell Used or Living Mammalian Subject Species	Drug Administration/Dose	Efficiency	Reference No.
LN229, A172 (human glioblastoma cell lines)	ABT-737 / 2.5 μ M	ABT-737 and Navitoclax selectively eliminated senescent astrocytes in vivo, significantly reducing glioma cell growth in preirradiated brains.	1
Human glioblastoma cell lines (p53 wild-type, PTEN-mutated LN229, U87, and U373 [p53-mutated, PTEN-mutated])	Navitoclax / 1 μ M - 4 μ M	GDC-0941 enhances Navitoclax-mediated cell death by modulating BAD phosphorylation.	35

BV6: A potent and specific antagonist of at least three inhibitors of apoptosis proteins (IAPs); **TRAIL:** Tumor necrosis factor-related apoptosis-inducing ligand; **MCL-1:** Myeloid leukemia 1.

A study evaluating the synergy of acriflavine with navitoclax, an MCL-1 downregulator, against triple-negative breast cancer, lung adenocarcinoma, and GBM demonstrated that acriflavine exhibits MCL-1 inhibition and a synergistic antitumor effect with navitoclax (25). The inhibition of MEG3, whose aberrant expression is implicated in various cancers, has been suggested to enhance the chemosensitivity of glioma cells to 5-fluorouracil but not to navitoclax (7).

Zhao et al. stated in their study that adjuvant treatment of GBM with temozolomide inevitably failed due to therapeutic resistance, necessitating new treatment approaches. They also reported that apoptosis induction in GBM cells was inefficient due to an excess of anti-apoptotic XPO1/BCL-2 family proteins. Based on the findings obtained from *in-vitro* and *in-vivo* research, they deduced “optimal drug combinations were. In response to inhibitors Eltanexor (XPO1), Venetoclax (Bcl-2), and Mcl-1, genes encoding for the corresponding proteins were upregulated in a compensatory manner” (44). One study, identified obatoclax among potential drugs for treating refractory GBM based on drug sensitivity patterns of different immune subtypes (3).

As a result, the BCL-2 protein family inhibitors venetoclax, navitoclax, and obatoclax have been investigated in GBM treatment; however, no studies have reported the effects of pelcitoclax or oblimersen sodium against GBM. These findings suggest that ionizing radiation, a standard treatment for GBM, may contribute to radioresistance by inducing the expression of anti-apoptotic BCL-2 proteins in tumor cells. Venetoclax, in combination with radiotherapy, increases tumor cell death by inhibiting radiation-induced BCL-2 activity and promoting apoptosis. This combination showed a significant increase in survival in orthotopic animal models of diffuse midline glioma, a variant of GBM (29).

Navitoclax selectively induces apoptosis in senescent GBM cells by targeting BCL-xL, potentially reducing tumor recurrence (37). Obatoclax can overcome this resistance by inhibiting BCL-2 proteins, thereby enhancing the effectiveness of treatments such as suberoylanilide hydroxamic acid and ra-

diotherapy. Specifically, obatoclax sensitizes patient-derived GBM stem-like cells to these treatments, leading to increased apoptosis (2). Additionally, the combination of obatoclax with the EGFR inhibitor lapatinib was reported to show synergistic effects in inducing cell death in central nervous system tumor cells, including GBM. This combination promoted apoptosis by effectively blocking survival signaling pathways (5).

A review of the literature indicates that studies have been conducted on commercial cell lines, patient-derived GBM stem-like cells, human GBM xenografts, and immune-competent mice. In *in-vivo* studies, navitoclax was administered at 25–50 mg/kg, while obatoclax was given at 5 mg/kg in mammalian subjects. Studies reported that the *in-vitro* dose of venetoclax ranged from 0.1 μ M and 50 μ M. Studies found that the *in-vitro* dose of obatoclax ranged from 225 nM and 1 μ M. Navitoclax was administered at doses ranging from 1 μ M and 4 μ M.

These studies commonly use commercial cell lines and animals. However, the sensitivity of animal tissue differs from that of human tissue (19,20). Results from animal tissue analyses may differ from those using human tissues, potentially leading to misleading conclusions (19,20). This may lead to misleading results. Additionally, commercial cell lines contain only a single cell type and lack the complex coordination mechanisms of the tumor microenvironment (19,20). They do not exhibit the same genotypic or phenotypic characteristics as tumor cells in the human body. For this reason, the results of studies using cell lines may be misleading (19,20).

Systematic reviews are valuable tools for synthesizing evidence, but they also have limitations. One major challenge is the heterogeneity among studies (15). Another limitation is publication bias (34). Moreover, despite existing guidelines, decisions regarding study inclusion, exclusion, and data interpretation can introduce subjective bias, particularly if pre-registration or protocols are not followed (17,18). These limitations apply to our study. However, we believe it contributes to the literature by collectively evaluating preclinical data on these drugs tested against GBM.

CONCLUSION

Although these preclinical findings are promising, clinical trials are necessary to assess the safety and efficacy of venetoclax, navitoclax, and obatoclax in GBM patients. To date, all of these inhibitors are under investigation in combination with other treatments for a variety of solid tumors, but specific clinical studies for GBM remain extremely limited. Equally important, the complex biology of GBM and the incomplete understanding of therapeutic resistance necessitate the discovery of novel antigens or targeted pharmacological strategies.

Declarations

Funding: This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Availability of data and materials: The datasets generated and/or analyzed during the current study are available from the corresponding author by reasonable request.

Disclosure: The authors declare no competing interests.

Ethics approval and consent to participate: This study is a systematic review based solely on previously published studies. No new human participants were enrolled, and no individual patient data were collected. Therefore, ethical approval and informed consent were not required.

AUTHORSHIP CONTRIBUTION

Study conception and design: MuB, IY

Data collection: MuB, TT

Analysis and interpretation of results: MeB, SO

Draft manuscript preparation: MuB, TT, SO

Critical revision of the article: MeB, IY

Other (study supervision, fundings, materials, etc...): MuB, MeB, IY

All authors (MuB, TT, SO, MeB, IY) reviewed the results and approved the final version of the manuscript.

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