



## Case Report

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# Large Schwannoma of the Deep Peroneal Nerve: A Case Report

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## ABSTRACT

This article presents the case of a 32-year-old female patient with schwannoma. The patient had swelling on the anterior aspect of her right foot for 1 year with increasing pain over the past 2 months. Moreover, a positive Tinel sign was present over the swelling. Magnetic resonance imaging revealed a large schwannoma mass in the deep peroneal nerve. Consequently, the patient's large schwannoma was completely excised along with its capsule.

Schwannomas are benign tumors of the peripheral nerves that rarely exhibit malignant transformation. Treatment is considered to be curative if complete resection is achieved.

**KEYWORDS:** Edema, Magnetic resonance imaging, Pain, Peroneal nerve, Schwannoma

**ABBREVIATIONS:** **MRI:** Magnetic resonance imaging, **NF:** Neurofibromatosis, **US:** Ultrasound

## INTRODUCTION

Schwannomas are the most common benign tumors of the peripheral nerves (80%), originating from the Schwann cells which manufacture the myelin sheath around the axons in the peripheral nerves (4). They occur most often between the third and sixth decades and exhibit no gender and ethnicity preponderance. Schwannomas were first described by Varocay in 1908, which constitutes 5% of all soft-tissue tumors (3). They are often noted in the head and neck, flexor surface of the extremities (especially, the ulnar and peroneal nerve regions), mediastinum, and retroperitoneum but they can occur in any region of the body (14).

Schwannoma is mostly seen as a single lesion. However, multiple tumors can be observed in schwannomatosis and neurofibromatosis type 2 (10). Schwannoma is less aggressive and has a much better prognosis than malignant peripheral

nerve sheath tumors (6). Moreover, schwannoma allows perfect enucleation due to its good cleavage pattern (9).

The histopathological findings of schwannomas reveal a biphasic pattern with Antoni-A and B areas. Antoni-A areas have highly organized spindle cells, short parallel fascicles, and less onion-like or swirl arrangement. In contrast, Antoni-B domains are less cellular with myxoid tissue predominance and water-like fluid filling abundance in cytosols and extracellular space. The target sign was defined as the presence of central and peripheral Antoni-A B areas, respectively. Specifically, schwannomas are S100 protein-positive (15).

Most patients may have swelling, localized mass in the nerve area, pain, numbness, and neurological deficits at the time of presentation. Moreover, ultrasound (US) and magnetic resonance imaging (MRI) can be used to diagnose schwannoma. Peripheral nerves are defined as hypoechoic

tubular structures around the epineurium during ultrasonic examinations. However, the continuity of this tubular structure is disrupted in the proximal and distal areas in the presence of a tumor in the peripheral nerve. US plays a role in the differential diagnosis of peripheral nerve tumors and lesions such as lymphadenopathy, hematoma, abscess, and thrombosis (13). T1, T2, and contrast-enhanced sequences in MRI are diagnostically useful because it facilitates diagnosis in 75% of cases. Moreover, the sagittal and coronal images help delineate the entry and exit points of the tumor (8). The mass signal is notably hypointense or isointense on T1-weighted images and hyperintense or heterogeneous on T2-weighted images owing to the intrinsic changes in the tumor.

Nevertheless, the treatment criteria do not only depend on the tumor size but also the patient's condition and clinical findings. Surgery is not indicated in asymptomatic patients based on tumor size alone. However, surgery is indicated in patients with progressively increasing tumor volume, pain, paresthesia, and progressively worsening neurological deficits. Thus, surgical treatment aims to notably preserve nerve continuity and structural integrity and completely remove the tumor capsule before the development of neurological deficits (1).

## CASE REPORT

A 32-year-old female patient had swelling on the anterior aspect of her right foot for 1 year with severe pain over the past 2 months with positive Tinel over the swelling. An MRI was done upon presentation to the outpatient clinic with these complaints. A mass lesion (size,  $68.5 \times 26.5 \times 15.5$  mm) was observed with smooth and lobulated contours, located at the deep peroneal nerve between the tibialis anterior and extensor hallucis longus tendons. Postcontrast examinations revealed an intense contrast enhancement (Figure 1). The patient's large schwannoma located in the deep peroneal

nerve was completely excised along with its capsule (Figure 2A). Consequently, pathological examination confirmed the mass as schwannoma (Figure 2B-D).

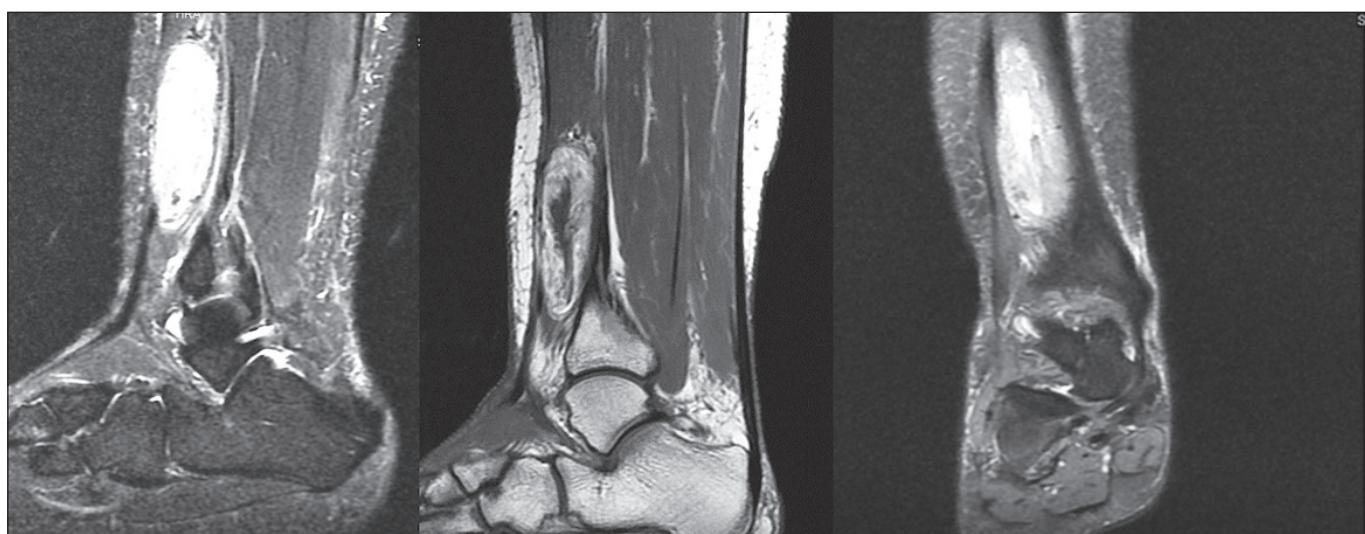
This study followed the ethics rules of the 1964 Declaration of Helsinki, which was amended in 2013. Moreover, informed consent was obtained from the participant.

## DISCUSSION

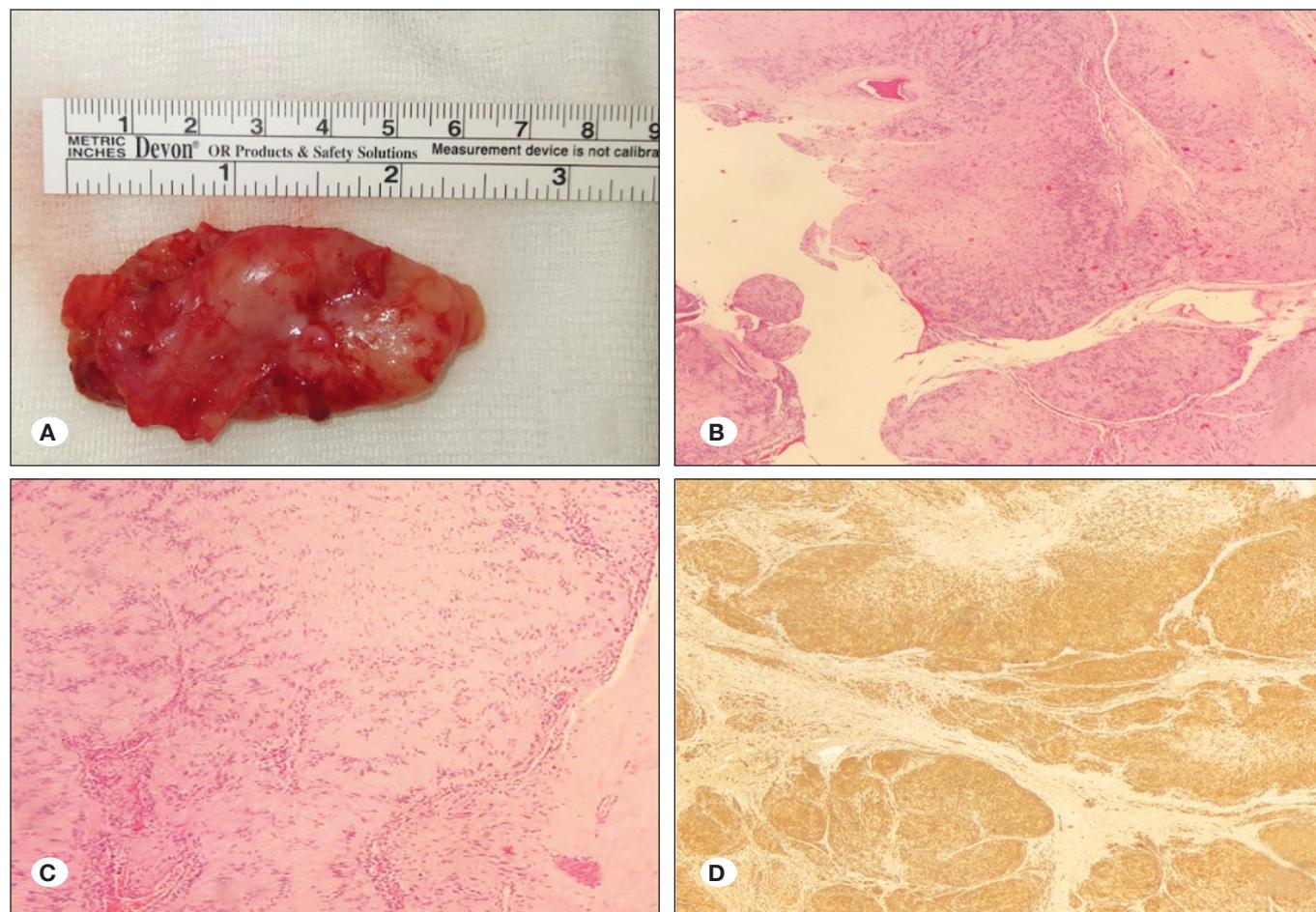
Schwannomas, also known as neurilemmoma, neuroma, neurilemmoma, and Schwann cell tumors are benign tumors of the peripheral nerve sheath. They often occur between the third and sixth decades and exhibit no preponderance related to gender or ethnicity. They can occur at various locations in the body (e.g., upper and lower extremities, mediastinum, and retroperitoneum).

Schwannomas exhibit a slow-growing pattern and their malignant transformations are rare. They cause various clinical symptoms. The patient may not have any complaints or have several complaints (e.g., cosmetic deformity, palpable mass, pain, paresthesia, numbness, and neurological deficits) at the time of presentation. Before deciding on the treatment method, the patient's condition, neurological findings, and radiological findings should be evaluated. However, surgery is the primary treatment method.

The surgical treatment aims to preserve the nerve integrity and continuity, as well as completely excise the mass (9). Several risk factors have been reported regarding the complications and development of postoperative deficits. The risk of complications and postoperative neurological loss has been reported to be higher in young patients with a large volume, proximal location, ulnar nerve location, and major motor nerve location. The literature review reveals reports by Raj et al. (67%), Mizushima (46%), and Hirai (35%) who have stated that deficits



**Figure 1:** Magnetic resonance imaging examination with sagittal STIR sequence, contrast sagittal T1 sequence, and coronal plane fat-suppressed sequence. A mass lesion of  $68.5 \times 26.5 \times 15.5$  mm was observed that had smooth and lobulated contours and was located near the deep peroneal nerve between the tibialis anterior and extensor hallucis longus tendons. Moreover, postcontrast examinations revealed intense contrast enhancement.



**Figure 2:** Macroscopic and microscopic pathological views. **A)** Macroscopic view of totally excised schwannoma. **B)** Spindle cell tumor with cellular and hypocellular areas. Vessels with the thickened hyalinized wall can be observed (HE  $\times 40$ ). **C)** Palisaded nucleus of tumor cells forms Verocay bodies (HE  $\times 100$ ). **D)** Diffuse nuclear and cytoplasmic S100 expression in tumor cells (S100  $\times 40$ ).

may worsen during the postoperative period (2, 5, 9). However, Raj et al. reported that sensory deficits (e.g., paresthesia or hypoesthesia) improved during the postoperative period (9). They stated that tumor size, surgical technique, and use of electrophysiological monitoring according to the operation are crucial in preventing neurological deficits (9). However, despite all techniques, tumor enucleation is impossible which is sometimes due to perifascicular invasion. In such cases, major neurological deficits may occur because of wider excision (e.g., fascicular resection). Sawada et al. reported that permanent neurological deficits developed because of fascicular resection in four brachial plexus cases (11).

A literature review on peroneal nerve schwannoma reveals that most publications are in the form of case reports. Case reports published by Nascimento et al. and Shariq et al. reported that the main treatment principle was complete resection (7, 12). In addition, treatment has been notably curative in cases that underwent complete resection.

## CONCLUSION

In conclusion, schwannomas are benign tumors of the peripheral nerves that rarely exhibit malignant transformation. Nevertheless, jointly evaluating the patient's clinical condition and the lesion's characteristics is crucial to determine the most appropriate treatment modality. Moreover, the use of additional assistive and monitoring tools during surgery could help prevent complications. Nonetheless, treatment is considered to be curative if complete resection is achieved.

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